



MYNSBERGE, RUGGLES & YANG

Oral, Maxillofacial and Dental Implant Surgery

Patient: _____

Directions Before Oral Surgery with Local Anesthesia/Nitrous Oxide

THE DAY BEFORE SURGERY:

DO:	DON'T:
<ul style="list-style-type: none"> Stock up on: frozen peas (to use as icepacks), soft foods (soups, pudding, Jell-O, applesauce, mac & cheese, mashed potatoes, smoothies, milkshakes, etc.), fluids (water, sports drinks, Pedialyte) Fill your Rx's and have a large bottle of over-the-counter Advil (ibuprofen, 200 mg/tab) ready at home If you were prescribed a pre-medication (oral sedation and/or prophylactic antibiotics), please take these as prescribed prior to your surgery 	<ul style="list-style-type: none"> Smoke Consume alcohol

YOUR APPOINTMENT IS:

DAY: M T W Th F

DATE: _____

TIME: _____

Our financial coordinators will email or call you with your treatment estimate soon!

If you need to cancel your appointment, please notify us AT LEAST 48 hours prior or a \$175 cancellation fee will be charged!

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To get ready for your recovery after surgery, please watch the post-op videos below!



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