



MYNSBERGE, RUGGLES & YANG

Oral, Maxillofacial and Dental Implant Surgery

Patient: _____

Directions Before Oral Surgery with IV Anesthesia

THE DAY BEFORE SURGERY:

DO:	DON'T:
<ul style="list-style-type: none"> Stock up on: frozen peas (to use as icepacks), soft foods (soups, pudding, Jell-o, applesauce, mac & cheese, mashed potatoes, smoothies, milkshakes, etc.), fluids (water, sports drinks, Pedialyte) Have your Rx's and a large bottle of over-the-counter Advil (ibuprofen, 200 mg/tab) ready at home 	<ul style="list-style-type: none"> Consume alcohol Smoke Eat or drink ANYTHING (including water) after midnight (<i>Doing so could pose a LIFE-THREATENING ANESTHESIA RISK</i>) <i>***See attached modified eating instructions for afternoon surgery appointments!</i>

THE DAY OF SURGERY:

DO:	DON'T:
<ul style="list-style-type: none"> If you were prescribed a pre-medication (oral sedation and/or prophylactic antibiotics), please take these as prescribed prior to your surgery <i>with a sip of water</i> Have a responsible adult drive you to and from your appointment and be available to spend a few hours after surgery with you at home (<i>WE CANNOT SEND YOU HOME IN AN UBER OR A LYFT!</i>) Brush your teeth in the morning (But don't swallow the water!) Use the restroom immediately before coming to your appointment 	<ul style="list-style-type: none"> Eat or drink anything (including water)!! <i>***See attached modified eating instructions for afternoon surgery appointments!</i> <i>***Small sips of water OK for prescription medications</i> Consume alcohol Smoke

ATTIRE FOR YOUR SURGERY:

Please DO wear:	Please DO NOT wear:
<ul style="list-style-type: none"> Loose fitting and comfortable clothing Short sleeves (sweaters OK, but you will need something short sleeved underneath) 	<ul style="list-style-type: none"> Jewelry (rings, earrings, bracelets, necklaces) Heavy make-up, especially lipstick Gel/Shellac fingernail polish Contact lenses

IMPORTANT

We will NOT proceed with your IV sedation if you have had ANYTHING to eat or drink within 6 hours of your surgery AND/OR if you do not have a responsible adult driver present (***WE CANNOT SEND YOU HOME IN AN UBER OR A LYFT!***). For all patients under the age of 18, a parent or guardian MUST be present at the time of surgery.

YOUR APPOINTMENT IS:

DAY: M T W Th F

DATE: _____

TIME: _____

Our financial coordinators will email or call you with your treatment estimate soon!

If you need to cancel your appointment, please notify us

AT LEAST 48 hours prior or a \$175 cancellation fee will be charged!

1331 South Eliseo Drive, Suite 1
Greenbrae, CA 94904

www.oralurgerymarin.com

To get ready for your recovery after surgery,
please watch the post-op videos below!



Phone (415) 461-1150
Fax (415) 461-1573

hello@oralurgerymarin.com